



**AACTA**

Association for Applied Control Theory Australia

*"The Key to Control is Within"*

AACTA is an Endorsed Provider of Professional Learning with the NSW Institute of Teachers

# Professional Learning for Educators

Presented by

**Don White and Janet Vander Wyk**

## Course 1. Stand and Deliver! Practical Skills in Classroom Management

**Friday 12<sup>th</sup> June 2009**

This course provides practice in skills to increase teacher confidence and effectiveness in the classroom. It is ideal for early career teachers.

### The course covers:

- Why we behave
- Five ways of controlling behaviour
- Creating the conditions for effective teaching and learning
- Anchoring Skills to use in stressful situations
- Strategies to encourage appropriate behaviour
- Strategies to address inappropriate behaviour

*This course addresses Elements One, Three Four and Five of the NSW Institute of Teachers Professional Teaching Standards. Teachers who have gained Professional Competence will receive 6 hours of accreditation for Professional Learning.*

## Course 2. Building Relationships and Collapsing Conflict

**Friday 19<sup>th</sup> June, 2009**

For Teachers, Leaders and Others who must manage conflict in the workplace!

Conflict in life is inevitable. This course will help you to resolve conflict and create and maintain relationships even with people you do not particularly like.

### The course covers:

- An explanation of human behaviour
- Understanding conflict and the roles we all play
- Five ways of controlling behaviour and how it relates to conflict
- Appropriate Assertiveness- words, tone of voice & body language
- Anchoring Skills using grounding, centering and focusing
- Strategies to maximise personal and professional effectiveness
- Strategies to use as an agent of change in systems

The course will be interactive with opportunities for internalising practical skills and strategies to use with students, colleagues and other people in your life.

*This course addresses Elements Three, Four and Five of the NSW Institute of Teachers Professional Teaching Standards. Teachers who have gained Professional Competence will receive 6 hours of accreditation for Professional Learning.*

### The Presenters

**Don White** has been a teacher for most of his working life, having taught primary, secondary and tertiary education across the state. As a former high school principal in Sydney's south-west, Don has implemented effective whole-school change through programs in behaviour management including conflict resolution and mediation, Control Theory, Restitution and leadership for Quality Learning Outcomes. Don is an Act 1 Instructor and Faculty Member in The International Association for Applied Control Theory and a founding member of the Association for Applied Control Theory Australia (AACTA inc.). AACTA is endorsed as a provider of continuing professional development with the NSW Institute of Teachers.

**Janet Vander Wyk** has taught for thirty five years as a classroom teacher, teaching executive, Reading Recovery teacher and a literacy consultant. As a former primary school principal from Sydney's south-west, Janet has a significant background in **Applied Control Theory** and has led schools in embedding this theory into student welfare policy. Janet has delivered quality professional learning for teachers, school executive and university students in literacy, early childhood, student welfare and the implementation of the Quality Teaching framework into classroom practice.



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## **Course 3. Applying The Circle of Strength© To Conflict in the Workplace**

**Friday 26<sup>th</sup> June 2009**

An advanced course For Teachers, Leaders and Others Who Work With Difficult People!

**The Circle of Strength©** is the work of Clinical Counsellor, Educator, and renowned international speaker, Shelley Brierley, who recently visited Australia in 2005 and 2006. It is a highly effective way of reframing behaviour to establish balanced human relationships. The strategy is powerful in all areas of human interaction – in administration and for staff, parents and students. People all over the world have found the concepts and skills taught in *"The Circle of Strength"* to be useful in both personal and professional life.

### **The course covers:**

- How to stay in personal balance in difficult situations.
- Understanding conflict and the roles we all play.
- Finding out which role you avoid – will it be the victim, the rescuer or the persecutor?
- Discovering your strengths as a co-operator, facilitator or initiator.
- Learning the interviewing technique that makes Shelley's model come alive.
- How to collapse conflict at three levels: organisational, between people and intrapersonal.
- Strategies for those who are agents of change in a system environment like a school.

*This course addresses Elements Three, Four and Five of the NSW Institute of Teachers Professional Teaching Standards. Teachers who have gained Professional Competence will receive 6 hours of accreditation for Professional Learning.*

## **Course 4. Delivering Discipline Through Restitution©**

**Friday 3<sup>rd</sup> July 2009** A whole school/class approach to restructuring discipline.

**Restitution©** is a process to enable a person who has made a mistake, to fix the problem and right the wrong. It has been developed by Canadian Educator and Psychologist, Diane Chelsom Gossen and is particularly effective when working with young people in schools to encourage them to accept responsibility for their own behaviour. Through interactive workshops, presentations, small group and paired discussions participants blend theory and research with practical classroom strategies and student interview practices to develop their skills in assisting young people to right the wrong and return to the group strengthened.

### **The course covers:**

- A Perceptual Control Theory (PCT) explanation of why we behave
- The Five ways of Controlling Behaviour
- Understanding Restitution and how its self-evaluation process can strengthen student self-esteem
- How the Restitution process will clarify, embed and strengthen the school's values
- Practising Restitution skills through role play scenarios

*This course addresses Elements Three Four and Five of the NSW Institute of Teachers Professional Teaching Standards. Teachers who have gained Professional Competence will receive 6 hours of accreditation for Professional Learning.*



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### COURSE REGISTRATION

Registration may be made on this form and sent to the mailing address or online by emailing to [don@aacta.org.au](mailto:don@aacta.org.au) Registrations will be confirmed by email or phone. **NO FAX!**

**Register early to avoid disappointment. Places are limited.**

Name: \_\_\_\_\_ School/Organisation \_\_\_\_\_

Address: \_\_\_\_\_

Payment to be made by: Self? \_\_\_ or School? \_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

COURSE (If you wish to attend more than one course please indicate on the one sheet.)	Closing Date (One Week before the advertised date)	Actual Course Date	Please Indicate
1. Stand and Deliver!-Practical Skills in Classroom Management	Friday 5 June	<b>Friday 12 June</b>	
2. Building Relationships and Collapsing Conflict	Friday 12 June	<b>Friday 19 June</b>	
3. Applying The Circle of Strength© To Conflict in the Workplace	Friday 19 June	<b>Friday 26 June</b>	
4. Delivering Discipline Through Restitution	Friday 26 June	<b>Friday 3 July</b>	

**VENUE for All Courses: Liverpool Catholic Club,** Cnr Joadja and Hoxton Park Roads Hoxton Park 2171

**COST PER PARTICIPANT FOR EACH COURSE:** \$110 ( No GST is charged for this service.)

Includes coffee and tea on arrival, morning tea, lunch and course notes

**PAYMENT DETAILS: Don White ABN: 93 572 982 903**

**Direct Deposit, Cheque or Money Order, Cash by arrangement.**

Schools, organisations or individuals will be invoiced on registration. Receipts will be issued at the course.

**Account details for Direct Payment:**

BSB: 802 194 Account Number: 6057230 Account Name: D G & T White

**Postal Address for Registration / Payment:**

Don White 38 Waratah Road Wentworth Falls 2782

**All Enquiries: Don White Ph: 47572275 Mob: 0413 034 508 Email: [don@aacta.org.au](mailto:don@aacta.org.au)**